

**DOES LEARNING TO COOK IN  
5 DAYS SOUND APPEALING?**

**ENLIST IN OUR BOOT CAMP CLASSES**



**THE CHOPPING BLOCK**

# LEARN TO COOK WITH THE CHOPPING BLOCK

*It's like professional cooking school without the commitment! Our team of chefs will lead you through a vigorous culinary ropes course designed to challenge and delight the home cook.*

## WHEN DOES BOOT CAMP START AND HOW LONG IS IT?

Our week long intensive culinary immersion is offered the third week of every month for 5 consecutive days, Monday to Friday from 8:00 am -5:00 pm.

## WHAT DOES A TYPICAL DAY ENTAIL?

Each day's session moves from lecture to chef's demonstration to individual hands on execution of recipes that feature the essential techniques in modern cooking. All dishes prepared are then served to the group, providing an opportunity for a cooking round table where students rest their feet while engaging in a discussion of techniques and culinary topics.

## WHAT WILL I LEARN?

We've condensed a basic culinary curriculum into 5 intense days, incorporating knife skills, butchering, techniques for cooking meat and fish, soups, sauces, vegetables, menu planning, flavor dynamics, and culminating in a free flowing market basket afternoon of cooking without recipes.

## WHAT COMES NEXT?

Be on the lookout for the Chopping Block **Advanced Boot Camp**, introducing more advanced topics like breads and desserts, plus diving deeper into the worlds of sauces and soups, plus meat and fish cookery.



**FOR MORE INFORMATION OR TO SIGN UP FOR CULINARY BOOT CAMP CLASS  
CALL OR EMAIL US: [INFO@THECHOPPINGBLOCK.NET](mailto:INFO@THECHOPPINGBLOCK.NET)**



**LINCOLN SQUARE** 4747 N LINCOLN • 773 472-6700  
**MERCHANDISE MART** SUITE 107 • 312 644-6360  
**THECHOPPINGBLOCK.NET**